



Accountants, WeCare

With the COVID-19, members are facing increasing stress and anxieties. The following accounting associations are joining hands once again to present Accountants, WeCare stress management sessions for accountants to learn how to enhance our own well-being and performance and/or those of our friends and families.

壓力，今天疫情之下，變得愈益常見，對我們的生活影響甚深。了解並掌握壓力的來源，刻不容緩！今年，18 個會計師專業團體再次攜手協辦會計師減壓持續進修課程，全新系列 WeCare 為同儕加加油、鬆一鬆，寓減壓於學習。讓我們一起成為更自信、更美好的自己！



抗逆新航道

2021 年 1 月 29 日 (星期五)

時間: 19:00-21:00

(以 zoom* 進行網上講座)

(報名請按此[鏈結](#))



Speaker

Dr. Charles Yu 余德淳博士

余德淳訓練機構有限公司總監
資深情緒心理學及輔導學講師



怎樣在逆境中維持職場應變能力

2021 年 2 月 5 日 (星期五)

時間: 19:00-21:00

(以 zoom* 進行網上講座)

(報名請按此[鏈結](#))



Speaker

Dr. Adrian Low 劉英健博士

Chartered Psychologist

President, Hong Kong Association of Psychology

*: The Zoom webinar is hosted by The Society of Chinese Accountants & Auditors. By registering for this webinar, you understand and agree that your data will be handled and used in accordance with The Society of Chinese Accountants & Auditors' [privacy policy](#).

Lead Organizer:



THE ASSOCIATION OF CHRISTIAN ACCOUNTANTS
基督徒會計師團契

Organizers:



Hong Kong Institute of Certified Public Accountants
香港會計師公會



香港華人會計師公會
SCAACPA



Co-organizers:



Supporting Organization: **Baptist Oi Kwan Social Service**



Accountants, We Care



Language
Cantonese

Fee
Free of charge for members or students of Organizers and Co-organizers

Participants
Accountants who wish to learn about the causes and effects of their stress and how it may be better managed in order to enhance their well-being and performance.

The Organizers reserve the right to limit the number of sessions enrolled by each participant.

Competency
Management, leadership and soft skills

CPD hours
2 hours for each session

Confirmation email or rejection email will be sent to you 3 working days before the seminar
我們將在講座開始三個工作天之前，向閣下發出座位確認信。

For any enquiries, please email to acawecare@gmail.com or call Elizabeth Law at 2522 7605 or 9305 9551.
如欲查詢，請電郵至 acawecare@gmail.com；或致電 9305 9551 (Elsa) 或 2522 7605 (Elizabeth Law)。



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 香港華人會計師公會
SCAACPA

 CPA AUSTRALIA

Co-organizers:  ACCA Think Ahead

 ADF

 AIA THE ASSOCIATION OF INTERNATIONAL ACCOUNTANTS

 AWAHK 香港女會計師協會

 KQAA 香港商界會計師協會
Hong Kong Business Accountants Association

 CHARTERED ACCOUNTANTS™ AUSTRALIA • NEW ZEALAND

 CIMA™

 CMA The Institute of Certified Management Accountants
澳洲管理會計師公會

 CPA CHARTERED PROFESSIONAL ACCOUNTANTS CANADA HONG KONG CHAPTER
加拿大特許專業會計師協會 香港分會

 IPA INSTITUTE OF PUBLIC ACCOUNTANTS™

 CTA 特許稅務師
Chartered Tax Adviser

 會計界 愛心同盟

Supporting Organization: Baptist Oi Kwan Social Service